

## Avoid Colonic Irrigation – It Can Be Dangerous

I am constantly amazed by the thousands who slavishly follow the health and slimming advice of celebrities. These ill-informed people are often misled or even paid by companies or ignorant practitioners to promote worthless, expensive, or even dangerous treatments. One of the worst of all treatments is colonic irrigation, much loved by the late Princess Diana. No one needs to have their large intestine washed out on a regular basis for spurious reasons unless advised by a medical specialist in gastric disorders and performed in a hospital setting.

Why do I say this? Because most of the reasons given for this treatment are 100% untrue and it can be dangerous, as one patient has found to their cost. This is a recent from the USA organisation, Quack Busters:-

In 2013, Michael K. Imani, co-owner and clinical director of the Niles Wellness Centre in Atlanta, Georgia, was sued by Jeff Kohn, whose large intestine (colon) was perforated during administration of colonic irrigation with a Colenz device at Imani's clinic. Kohn, who has Parkinson's disease, consulted Imani for help with constipation and underwent two colonic irrigation treatments at Imani's office.

The amended complaint charged that:

- During the second procedure, Kohn felt bloated and became increasingly uncomfortable. After he arrived home, the pain became unbearable and he called 911 and was transported by ambulance to a local hospital, where he was diagnosed with perforated colon and underwent emergency surgery that left him with a colostomy and required a lengthy period of rehabilitation.
- Imani violated Georgia's Fair Business Practices Act by (a) advertising deceptively; (b) falsely representing that the clinic's equipment was FDA-approved, certified and/or registered; (c) making false representations about the benefits and safety of colon hydrotherapy.
- Imani improperly referred to himself as "Dr. Imani" based on a "Ph.D. in clinical hypnosis" from a non-accredited correspondence school and had been grossly negligent by failing to adequately respond when Kohn's life was in danger.

What more do you need to know? This is not a treatment for constipation or anything else and by the way, it washes out all the "good" bugs essential for health, digestion and immunity.